

Wednesday, June 14, 2006

Read: Ephesians Chapter 1

Memorize: Ephesians 1:4

"...just as He chose us in Him before the foundation of the world, that we should be holy and without blame before Him in love..."

Think About:

As I was contemplating a Bible passage for today, I was reading a passage in Ephesians 2. I then backed up a bit to get the fuller context of the passage and went all the way back to Ephesians 1. It then occurred to me to spend some time on the whole book of Ephesians for this study, beginning with chapter 1. So, we will spend the next week or so going through the book of Ephesians. I do hope you will take the time to read the whole of each chapter each day.

Looking at the memory verse, I need to ask myself if I am walking in holiness and without blame before the Lord in love when I am putting my lusts and desires for food ahead of God's will. There is an obvious answer to that question.

Pray:

Lord Jesus, just as You chose me, even before You laid the foundation of the world, please help me to choose to put You first in my life ... before food and everything and everyone and anything and anyone. In Your name I pray, Amen.