

Sunday, June 11, 2006

Read: All of Romans Chapter 8, especially Romans 8:11-15

"...if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you. Therefore, brethren, we are debtors -- not to the flesh, to live according to the flesh. For if you live according to the flesh you will die; but if by the Spirit you put to death the deeds of the body, you will live. For as many as are led by the Spirit of God, these are sons of God. For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.'" NKJV

Memorize: Romans 8:15

"For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father.'" NKJV

Think About:

Do I know, really know, that when I was saved by God's grace, He gave me the gift of being able to call Him my Daddy? Do I know, really know, that as my Daddy, God wants me to bring my every concern, sorrow, worry, fear...my everything...to Him? Do I understand how sad it makes God when I seek comfort from food instead of from Him, my Daddy...my Abba, Father?

Pray:

Father God, I am so sorry when I turn to food instead of You. I know You want me to bring everything to You, yet so often I try to find comfort in food instead. How awful that is. Food can't give me anything of eternal value. Only You can do that. God, please help me to stop using food for anything other than its intended purpose, which is to physically sustain me. I pray this in Jesus' name, Amen.