

Friday, June 30, 2006

Read: I Thessalonians Chapter 5

Memorize: I Thessalonians 5:23

"Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ." NKJV

Think About:

I am a work in progress. God continues to sanctify me. One day, when I stand before my Lord and Savior, I will be sanctified completely. Part of the sanctification process includes my placing my body (which includes my weight and my eating) under the authority of the King so that my body may be preserved blameless when I stand before Him.

Pray:

Lord Jesus, please help me to not buck against Your authority when it comes to my eating. Help me to welcome Your sanctification process within me so that my body (and the rest of me) will be preserved blameless when You come. I pray this in Your name, Amen.