

**Thursday, June 29, 2006**

**Read: I Thessalonians Chapter 4**

**Memorize: I Thessalonians 4:7**

"For God did not call us to uncleanness, but in holiness." NKJV

**Think About:**

I know this chapter was mainly referring to refraining from sexual immorality and uncleanness, but this verse also reminds me to walk in cleanness and holiness regarding all facets of my life...including my eating.

**Pray:**

Lord, please help me to walk in holiness, for You have told us in Your Word that we are to be holy because You are holy. I know this applies to all facets of my life, including how and when and how much I eat. I pray this in the name of Jesus, Amen.